### Human Figure Posture Details:

#### Comfort ratings based on: Porter (1998)

|  |  |  |  |
| --- | --- | --- | --- |
| **Angle** | **Right** |  | **Left** |
| Head Flexion |  | -6.0 |  |
| Head Lateral |  | 0.2 |  |
| Head Rotation |  | -2.0 |  |
| Upper Arm Flexion | 26.0 |  | 31.1 |
| Upper Arm Elevation | 15.7 |  | 17.7 |
| Humeral Rotation | -16.9 |  | -19.7 |
| Elbow Included | 97.8 |  | 99.1 |
| Forearm Twist | 129.5 |  | 191.0 |
| Wrist Ulnar Deviation | 18.6 |  | -0.7 |
| Wrist Flexion | -17.7 |  | -42.9 |
| Torso Recline |  | 10.3 |  |
| Trunk Thigh | 94.4 |  | 91.7 |
| Leg Splay | 2.0 |  | 9.5 |
| Thigh Rotation | -44.7 |  | 27.8 |
| Knee Included | 130.9 |  | 123.4 |
| Foot Calf Included | 80.1 |  | 82.3 |

Green = within comfort range  
Yellow = outside of comfort range  
Black = not part of Porter (1998) data source

#### Comfort ratings based on: Porter (1998)

